

DERWENT HILL EXPLORE COURSE

During this week you will:

- challenge yourself
- be responsible
- become a good team player
- enjoy wild places
- be healthy

School(s):

Course Leader:

Course No:

Dates:



		Tutors	Morning session	Afternoon session	Evening Session
Monday	1	Group tutor 1		Meet your tutor, get your equipment & first activity	Evening Walk (DH staff)
	2	Group tutor 2		Meet your tutor, get your equipment & first activity	Evening Walk (DH staff) / Team Challenge (School staff)
	3	Group tutor 3		Meet your tutor, get your equipment & first activity	Team Challenge (School staff) / Evening Walk (DH staff)
Tuesday	1	Group tutor 1	Mountain Walk	Mountain Walk	Team Challenge (School staff)
	2	Group tutor 2	Mountain Walk	Mountain Walk	Team Challenge (School staff) / Evening Walk (DH staff)
	3	Group tutor 3	Gorge Scramble	Big Swing and Ropes Course	Team Challenge (School staff)
Wednesday	1	Group tutor 1	Canoeing	Gorge Scramble	The Derwent Hill Challenge (DH & School staff)
	2	Group tutor 2	Big Swing and Ropes Course	Gorge Scramble	
	3	Group tutor 3	Mountain Walk	Mountain Walk	
Thursday	1	Group tutor 1	Adventurous Activity	Orienteering	Social Evening (School staff)
	2	Group tutor 2	Canoeing	Adventurous Activity	
	3	Group tutor 3	Canoeing	Adventurous Activity	
Friday	1	Group tutor 1	Big Swing and Ropes Course	Notes	
	2	Group tutor 2	Orienteering		
	3	Group tutor 3	Orienteering		