

DERWENT HILL EXPLORE COURSE



- During this week you will:**
- challenge yourself
 - be responsible
 - become a good team player
 - enjoy wild places
 - be healthy

School(s):

Course Leader:

Course No:

Dates:

| | | Tutors | Morning session | Afternoon session | Evening Session |
|------------------|---|---------------|----------------------------|--|---|
| Monday | 1 | Group tutor 1 | | Meet your tutor, get your equipment & first activity | Evening Walk (DH staff) |
| | 2 | Group tutor 2 | | Meet your tutor, get your equipment & first activity | Evening Walk (DH staff) |
| | 3 | Group tutor 3 | | Meet your tutor, get your equipment & first activity | Evening Walk (DH staff) |
| | 4 | Group tutor 4 | | Meet your tutor, get your equipment & first activity | Evening Walk (DH staff) / Team Challenge (School staff) |
| | 5 | Group tutor 5 | | Meet your tutor, get your equipment & first activity | Team Challenge (School staff) |
| | 6 | Group tutor 6 | | Meet your tutor, get your equipment & first activity | Team Challenge (School staff) |
| Tuesday | 1 | Group tutor 1 | Mountain Walk | Mountain Walk | Team Challenge (School staff) |
| | 2 | Group tutor 2 | Mountain Walk | Mountain Walk | Team Challenge (School staff) |
| | 3 | Group tutor 3 | Gorge Scramble | Big Swing and Ropes Course | Team Challenge (School staff) |
| | 4 | Group tutor 4 | Orienteering | Gorge Scramble | Team Challenge (School staff) / Evening Walk (DH staff) |
| | 5 | Group tutor 5 | Big Swing and Ropes Course | Gorge Scramble | Evening Walk (DH staff) |
| | 6 | Group tutor 6 | Canoeing | Orienteering | Evening Walk (DH staff) |
| Wednesday | 1 | Group tutor 1 | Canoeing | Gorge Scramble | The Derwent Hill Challenge (DH & School staff) |
| | 2 | Group tutor 2 | Big Swing and Ropes Course | Gorge Scramble | |
| | 3 | Group tutor 3 | Mountain Walk | Mountain Walk | |
| | 4 | Group tutor 4 | Mountain Walk | Mountain Walk | |
| | 5 | Group tutor 5 | Orienteering | Canoeing | |
| | 6 | Group tutor 6 | Gorge Scramble | Big Swing and Ropes Course | |
| Thursday | 1 | Group tutor 1 | Adventurous Activity | Orienteering | Social Evening (School staff) |
| | 2 | Group tutor 2 | Canoeing | Adventurous Activity | |
| | 3 | Group tutor 3 | Canoeing | Adventurous Activity | |
| | 4 | Group tutor 4 | Big Swing and Ropes Course | Canoeing | |
| | 5 | Group tutor 5 | Mountain Walk | Mountain Walk | |
| | 6 | Group tutor 6 | Mountain Walk | Gorge Scramble | |
| Friday | 1 | Group tutor 1 | Big Swing and Ropes Course | Notes | |
| | 2 | Group tutor 2 | Orienteering | | |
| | 3 | Group tutor 3 | Orienteering | | |
| | 4 | Group tutor 4 | Adventurous Activity | | |
| | 5 | Group tutor 5 | Adventurous Activity | | |
| | 6 | Group tutor 6 | Adventurous Activity | | |